

Emotional Resilience

Last week, throughout National Children's Mental Health Week, we have been discussing emotional resilience or 'bouncebackability' in school. Pupils have been discussing how it is ok to be sad or frustrated or anxious when things don't work out how we would like them to, but that there are things we can do in these situations to help us feel better – the BIG 5!



1. Choose your attitude – positive or negative?
2. Choose the impact you have on others – positive or negative?
3. Set your goals and work towards them (although you'll have to break them down into small steps as you go)
4. Know that things will still be hard and you might have a rubbish day but that's ok because you have 'bouncebackability'
5. Take personal responsibility for your mood and changing yourself

Now we realise none of this is easy but wow, it makes such a difference when you try – adults as well as children. If you would like to find out more, have a look at the website www.artofbrilliance.co.uk

To help support the children, we have devised 10 'emotional resilience' Dojos which they can earn for things such as, 'I stepped out of my comfort zone' and 'I maintained a positive attitude'. Why not have a conversation about how they can demonstrate these things?

Attendance Challenge

Results for week 4th – 8th February:

Position	Class	Attendance
1st	6MB	97.33%
2nd	3B	96.77%
3rd	2TL	96.33%

Whole school attendance
94.45% ↑

Number of late arrivals
78 ↑



TT Rock Stars Challenge

Pupils in Y2-Y6 have the opportunity to earn prizes in our Times Tables Rock Stars Competition – here are the first winners:

Y2	Shaan Bains; Jacob Gough
Y3	Ella Beaver; Jakub Strzelecki
Y4	Aurelia Wawrzyniewicz; Vibishaan Surendraraja
Y5	Keira Radford; Lucas Bai
Y6	Amelia Elliott; Paige West



Fab 5 Readers

The table below shows the percentage of pupils in each class who are reading to an adult at least five times a week. The winners of the books are:

Ronnie Gunn (F2JR); Abbie Ellis (5P)

F2JR	F2NS	1TM	1R	2TL	2H	3B	3T	4W	4L	5P	5R	6MB	6P
26%	43%	97%	64%	100%	37%	53%	100%	86%	97%	100%	57%	100%	100%

We are delighted to see such positive scores this week, thank you.

Head Lice

Please remember to check your child's hair regularly for signs of head lice and act promptly if you notice any live lice or e eggs. Although the chemical treatments can be expensive, combing the hair through with conditioner and a fine-toothed comb can be an effective deterrent. It is also helpful if longer hair is tied back or plaited to minimise cross infection. Have a look at the NHS website for more advice and guidance: <https://www.nhs.uk/conditions/head-lice-and-nits/>

High Needs Consultation

Nottinghamshire County Council is consulting parents over proposed updates to arrangements for supporting schools and other educational settings to make additional provision for children and young people with complex SEND (High Needs). Please follow the link below to take you to the consultation website where there is also a PowerPoint presentation giving more details. The consultation ends on **15th February**.

<https://consult.nottinghamshire.gov.uk/children-and-families-services/high-needs-review-consultation>

Diary Dates - 11th February 2019

FEBRUARY 2019

- | | |
|--|---|
| Tuesday 12 th February | - Y6 visit to Creswell Crags 9.00am - 3.15pm |
| Thursday 14 th February | - Partake Theatre in to see Y1 & Y2 - No charge |
| Friday 15 th February | - Last day at school |
| Mon 18 th - Fri 22 nd February | - School Closed - February Half Term |
| Monday 18 th February | - Next Level Sports Camp 9.30am - 3.30pm |
| Tuesday 19 th February | - Next Level Sports Camp 9.30am - 3.30pm |
| Wednesday 20 th February | - Next Level Sports Camp 9.30am - 3.30pm |
| Monday 25 th February | - INSET Day (School closed to pupils) |
| Tuesday 26 th February | - Pupils back to school |
| Wednesday 27 th February | - P & SI Committee Meeting at 5.30pm |

MARCH 2019

- | | |
|----------------------------------|---|
| Monday 4 th March | - SIC Committee Meeting at 5.00pm |
| Monday 4 th March | - SOCs Meeting in 3B at 3.45pm (Everyone welcome) |
| Thursday 7 th March | - World Book Day - Dress up as a character |
| Thursday 7 th March | - Family Bingo Night in the school hall 6.00pm - 7.45pm |
| Tuesday 12 th March | - Parents Evening 4.00pm - 6.00pm |
| Thursday 14 th March | - Parents Evening 4.00pm - 7.00pm |
| Monday 18 th March | - Y3 visit to Thinktank, Birmingham 9.00am - 4.30pm |
| Tuesday 19 th March | - P, F & GP Committee meeting at 6.00pm |
| Thursday 21 st March | - Y4 visit to Eden Camp, Malton 9.00am - 5.00pm |
| Saturday 23 rd March | - 'In Accord' Spring Concert at Sherwood - 7.00pm |
| Monday 25 th March | - Y3 & Y4 Performance in the school hall at 2.15pm |
| Tuesday 26 th March | - Full Governing Body meeting at 6.00pm |
| Wednesday 27 th March | - Y3 & Y4 Performance in the school hall at 7.00pm |
| Thursday 28 th March | - Y3 & Y4 Performance in school hall 7.00pm (NEW DATE) |

APRIL 2019

- | | |
|--|---|
| Thursday 4 th April | - FS, Y1 & Y2 Easter Disco in school hall 5.00pm - 6.00pm |
| Thursday 4 th April | - KS2 Easter Disco in school hall 6.15pm - 7.45pm |
| Friday 5 th April | - Last day at school |
| Mon 8 th - Mon 22 nd April | - School Closed - Easter Holiday |
| Tuesday 23 rd April | - Pupils back to school |

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Diary Dates - 11th February 2019 - Page 2

MAY 2019

Monday 6th May

Tuesday 7th May

Mon 13th - Fri 17th May

Thursday 16th May

Friday 24th May

Friday 24th May

Monday 27th May

Monday 27th May

- MAY DAY (School Closed)
- Pupils back to school
- **SATs Week**
- School Census - FS, Y1 & Y2 School Meal 'Taster Day'
- INSET Day (School closed to pupils)
- Y6 Kingswood Residential visit - Depart at 9.00am
- Y6 Kingswood Residential visit - Return - tbc
- School closed (May half-term holiday)

JUNE 2019

Monday 3rd June

Tuesday 4th June

Wednesday 5th June

Wednesday 5th June

Thursday 6th June

Friday 7th June

Tuesday 11th June

Wednesday 12th June

Wednesday 12th June

Thursday 13th June

Thursday 13th June

Friday 14th June

Friday 14th June

Tuesday 18th June

Friday 28th June

- INSET Day (School closed to pupils)
- Pupils back to school
- Class photos in school hall - 9.00am
- Y2 Sports day in the playground 1.30pm - 3.00pm
- Y1 Sports day in the playground 1.30pm - 3.00pm
- Foundation Sports day in the playground 10.30am - 11.30am
- Y3 Sports day in the playground 1.30pm - 3.00pm
- Y2 Reserve Sports day 10.30am - 11.45am
- Book Fair in school hall at 3.30pm - 4.30pm
- Y1 Reserve Sports day 10.30am - 11.45am
- Book Fair in school hall at 3.30pm - 4.30pm
- Foundation Reserve Sports day 10.30am - 11.30am
- Book Fair in school hall at 3.30pm - 4.30pm
- Y3 Reserve Sports day 10.30am - 11.45am
- Summer Fair in school playground at 3.45pm

JULY 2019

Tuesday 2nd July

Thursday 4th July

Thursday 4th July

Friday 5th July

Wednesday 10th July

Wednesday 17th July

Tuesday 23rd July

Wednesday 24th July

Wednesday 24th July

- Y6 Performance in school hall at 7.00pm
- Y3 & Y4 visit to Yorkshire Wildlife Park 9.00am - 4.30pm
- Y6 Performance in school hall at 7.00pm
- Reports out to parents
- Open Evening 4.00pm - 6.00pm
- Full Governing Body meeting at 6.00pm
- Y6 Prom in school hall 7.00pm - 9.00pm
- Y6 Leavers Assembly in school hall at 2.30pm
- **LAST DAY AT SCHOOL**

SEPTEMBER 2019

Monday 2nd September

- Pupils back to school